

# RINGA ATAWHAI MĀTAURANGA PROSPECTUS

NZQA REGISTERED & ACCREDITED  
PRIVATE TRAINING ESTABLISHMENT



131 Dent Street, Whangarei 0110  
0508-EDUCATE  
info@ram.org.nz  
www.ringaatawhai.org.nz

# Nau mai haere mai ki te whānau o Ringa Atawhai Mātauranga

“

Ko te whakapapa tēnei  
Mō ngā taonga tuku iho a Io Matua Kore  
Kā moe a Papatūānuku ki a Ranginui  
Kā puta ko Tānemahuta, ko Tangaroa  
Kō Tāwhirimatea, kō Tūmataua  
Kō Haumie-tiketike, ko Rongomātāne  
Kō ēnei ngā taonga tuku iho o rātou mā  
Kō mātou ngā kaitiaki mō ēnei taonga

# TABLE OF CONTENTS

About us	<b>02</b>
Regional Overview	<b>03</b>
Training Goals	<b>04</b>
The Public Health Workforce	
Environmental Sustainability	<b>05</b>
Programmes	<b>06</b>
Qualification Pathways	<b>12</b>
Programme Structure	<b>13</b>
New Zealand Points of Difference	<b>14</b>
What's in it for me?	<b>15</b>
Key Documents	
Our Team	<b>16</b>
Graduates	<b>17</b>



# ABOUT US

## TE PAE TAWHITI (VISION)

Activating Mana Motuhake for all.

Strengthening independence, resilience and importance for whānau to become leaders over their own lives, living in health and prosperity.

## HE KAUPAPA (MISSION)

Upholding Kaupapa Māori practice across all services.

A Māori way of doing things. A communal and holistic approach that ensures individual welfare is central to any decision-making process.

85'

Ringa Atawhai Trust started with the appointment of 2 community health workers based in Okaihau.

86'

A group of people sat around a heater in Nellie Para's garage and made the decision to form Ringa Atawhai Trust. This followed the first training programme for community health workers, which was delivered from Kotahitanga Marae - Kaikohe.

86'-14

Community Health Workers training continues throughout Te Taitokerau. Healthy lifestyle hui promoted throughout the community.

13'

Health & Disability certification achieved.

14'

NZQA registration and accreditation achieved. Ringa Atawhai Mātauranga established.

15'-17

15': National Certificate of Hauora Māori delivered.  
16': NZ Certificate of Public Health commences.  
17': NZ Certificate Kaupapa Māori Public Health commences.

# REGIONAL OVERVIEW

STATISTICS SHOW NORTHLAND IS ONE OF THE COUNTRY'S POOREST REGIONS.



## EMPLOYMENT

Unemployment rate of 4.5% is above the national average of 3.7%. Reaching a peak of 8.7% in the last decade: Contributing factors include:

- A higher proportion of low-paid workers
- A low level of school-leaver qualifications
- Young people seeking training and job opportunities elsewhere.



## HEALTH NEEDS

Unfavourable regional statistics include:

- An infant mortality rate higher than the national average
- A Māori infant mortality rate three times that of non-Māori.
- Lower life expectancy at birth than the national average
- Highest regional rate of teenage suicide

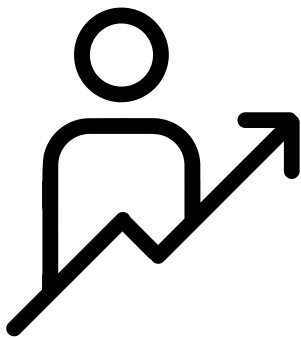


## HOUSING

- Housing in the North has long been a source of concern. Issues of unsafe housing: no electric power, poor sanitation and other problems persist in rural areas.

# TRAINING GOALS

- Provide flexibility for Northland based health providers to address the training and development needs of their Māori and non-Māori health workforce
- Improve access to relevant training opportunities for the non-regulated health and disability workforce
- Extend and improve access to formal training for a wider pool of potential trainees in the non-regulated health and disability workforce
- Cater for a flexible workforce, in response to the shift to primary and community models of care, and the integration between institutional and community settings
- Deliver Tikanga based learning courses at a Marae based level



## PUBLIC HEALTH WORKFORCE

The public health workforce is facing major challenges. An ageing population, continuing inequalities in health status, new and re-emerging global diseases and the growing dominance of chronic health issues are having an increasing impact on public health in New Zealand.

Epidemics of obesity and diabetes, and environmental emergencies pose major challenges to the health services of the future. Effective intervention to prevent disease, to address the determinants of ill health and inequalities is required to improve the health of New Zealanders. The health of New Zealanders is also affected by the workforce's preparedness for serious and unusual emergencies and events.

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The public health workforce must upskill to meet these challenges!

# ENVIRONMENTAL SUSTAINABILITY



Investing in environmental sustainability can serve as an insurance policy for health and human well-being.

The degradation of the environment – the air we breathe, the food we eat, the water we drink, and the ecosystems which sustain us – is estimated to be responsible for at least a quarter of the global total burden of disease, according to a UNEP report entitled ***Healthy Environment, Healthy People***.

Māori recognise that along with the privileges the environment provides comes the responsibility to care for the environment and maintain it for future generations. This commitment is expressed as kaitiakitanga – the practice of guardianship and environmental management grounded in a Māori world view.

Kaitiakitanga is based on mātauranga Māori (Māori knowledge), a body of knowledge founded on Māori cultural practice, rather than western scientific frameworks. Customary rights and use of the environment represent the permanent and unique relationship Māori have with the environment.

Our programmes incorporate the inter-linkages between the environment and human health because we understand that a healthy environment is integral to the full enjoyment of basic human rights.

# 2

# K A U P A E

# PROGRAMMES

## TE PŌKAITAHI REO

(Level 2)



Domestic Students - Fees Free International Students - \$1,500.00	\$
60 credits	
20 weeks	
4 modules	

This foundation programme is intended for learners who have minimal command of Te Reo Māori as an additional language, and for those who have a desire to contribute positively to the development of te reo kia tika, kia rere, kia Māori, or who have a personal and/or professional interest in te reo Māori.

Graduates will have the basic language skills required to communicate in te reo, with support, in familiar everyday contexts.

# 3

# K A U P A E



## MANAAKI MARAE

(New Zealand certificate - Level 3)

Domestic Students - Fees Free International Students - \$1,500.00	\$
60 credits	
20 weeks	
4 modules	

This qualification is intended for people looking to gain skills and knowledge for the purpose of gaining employment in marae-based services and/or the hospitality industry; and for fulfilling roles in wharekai and/or kāuta.

The underlying purpose of this training is to promote marae as socially integrative venues that foster identity, self-respect, pride and social control.

We will instil in learners, a sense of pride in having ancestors that were at the helm of one of the greatest stories of migration in the history of the world.






# PROGRAMMES

# 3

# K A U P A E

## HEALTH & WELLBEING

(New Zealand certificate - Level 3)  
Health Care Assistance

\$	Domestic Students - Fees Free International Students - \$2,500.00
	60 credits
	20 weeks
	4 modules






The purpose of this qualification is to recognise the skills and knowledge required to provide person-centred support in the health and wellbeing sectors.

Graduates will benefit by gaining recognition of transferable skills and knowledge valued across the health and wellbeing sector, and the specific skills and knowledge required to perform a role within the sector.

Graduates will be capable of working under limited supervision.

## TE POKAITAHI TIKANGA Ā RONGOĀ

(New Zealand certificate - Level 3)

\$	Domestic Students - Fees Free International Students - \$2,500.00
	60 credits
	20 weeks
	4 modules



This qualification is for people who want to:

- Develop some understanding of nga tikanga o rongoā Māori
- Gain knowledge and skills to support and participate in the practice of tikanga me rongoā Māori, under supervision
- Be able to apply knowledge fundamental to rongoā Māori practices.

**NB:** This is an entry level qualification designed for people who intend to further their studies in nga tikanga o rongoā Māori. It is not associated with professional registration and does not imply a tohunga of practice.

# 4

# K A U P A E

# PROGRAMMES

## TIKANGA A RONGOĀ

(New Zealand certificate - Level 4)



Domestic Students - Fees Free International Students - \$4,500.00	\$
120 credits	
40 weeks	
6 modules	

This qualification is for people who want to develop a broad range of tikanga (plural) within the field of rongoā Māori. Graduates of this qualification:

- will have a broad range of knowledge and skills to support and participate in the practice of rongoā Māori under broad guidance.
- will be able to take responsibility for their own learning and performance and will be able to apply knowledge fundamental to tikanga practice within rongoā Māori work, or study, and across the community in general.



## HEALTH & WELLBEING

Mental Health & Addictions (New Zealand certificate - Level 4)

Domestic Students - Fees Free International Students - \$5,500.00	\$
120 credits	
40 weeks	
6 modules	

This is an entry level qualification designed for people already working in, or those who intend to develop a career supporting the health and wellbeing of people, family and/or whānau and the wider community. There are strands in Community Health, Mental Health & Addiction Support and Social Services.

**This qualification complies with the eligibility for pay equity under the Governments pay equity settlement scheme.**

**NB: This qualification is not associated with professional registration or a clinical scope of practice.**

# PROGRAMMES

## HEALTH & WELLBEING

(New Zealand certificate - Level 4) Primary Care Assistance

\$	Domestic Students - Fees Free International Students - \$5,500.00
📖	120 credits
📅	40 weeks
📄	5 modules



The purpose of this qualification is to provide the primary care service with people who have the skills and knowledge to provide administrative and clinical support across a primary care practice, under broad direction and delegation from a health professional.

**This qualification complies with the eligibility for pay equity under the Governments pay equity settlement scheme.**

**This is an entry level qualification for people who intend to develop a career supporting people in the healthcare team in primary care practice and is not associated with professional registration or a clinical scope of practice.**

## KAUPAPA MĀORI PUBLIC HEALTH

(Level 4)

\$	Domestic Students - Fees Free International Students - \$3,500.00
📖	60 credits
📅	20 weeks
📄	4 modules



This qualification is intended for those who are already working, or who are seeking to work, under broad guidance in the area of kaupapa Māori Public Health.

Graduates will be able to understand and explain a Kaupapa Māori Public Health perspective from social, economic, cultural and environmental contexts that contribute to the reduction of Māori health disparities.

**This qualification complies with the eligibility for pay equity under the Governments pay equity settlement scheme.**

# 4

# K A U P A E

# PROGRAMMES



## TE HIRINGA O TE TAIAO

Environmental Studies (Level 4)

Domestic Students - Fees Free International Students - \$3,500.00	\$
60 credits	
20 weeks	
4 modules	

This qualification is intended for whānau, hapū, iwi and others with some experience in mātauranga taiao, or those intending to work in the area of tiaki, and who are seeking a formal qualification to work in the area of tiaki taiao, and work independently at an intermediate level.

The purpose of this qualification is to provide whānau, hapū, iwi and other entities with graduates who are able to fulfil kaupapa Māori based environmental roles and associated activities at an intermediate level.

“

‘Te Hiringa o te Taiao’ refers to a dawning, a beginning, an awakening into the inherent responsibilities entrusted of whanau, hapu, and iwi in protecting and enhancing te taiao for current and future generations.

# PROGRAMMES

## PUBLIC HEALTH & HEALTH PROMOTION

(New Zealand certificate - Level 5)

\$	Domestic Students - Fees Free International Students - \$4,500.00
📖	60 credits
📅	20 weeks
📄	6 modules



The purpose of this qualification is to provide the public health sector with a workforce with common generic public health and health promotion competencies.

Graduates will work with groups to promote and protect public health, and improve health outcomes in a public health context. They will demonstrate the baseline knowledge, skills and attributes required of public health and/or health promotion practitioners, to implement public health initiatives.

## WHĀNAU ORA

(Level 5)

🎓	Domestic Students - Fees Free International Students - \$5,500.00
📖	120 credits
📅	40 weeks
📄	6 modules

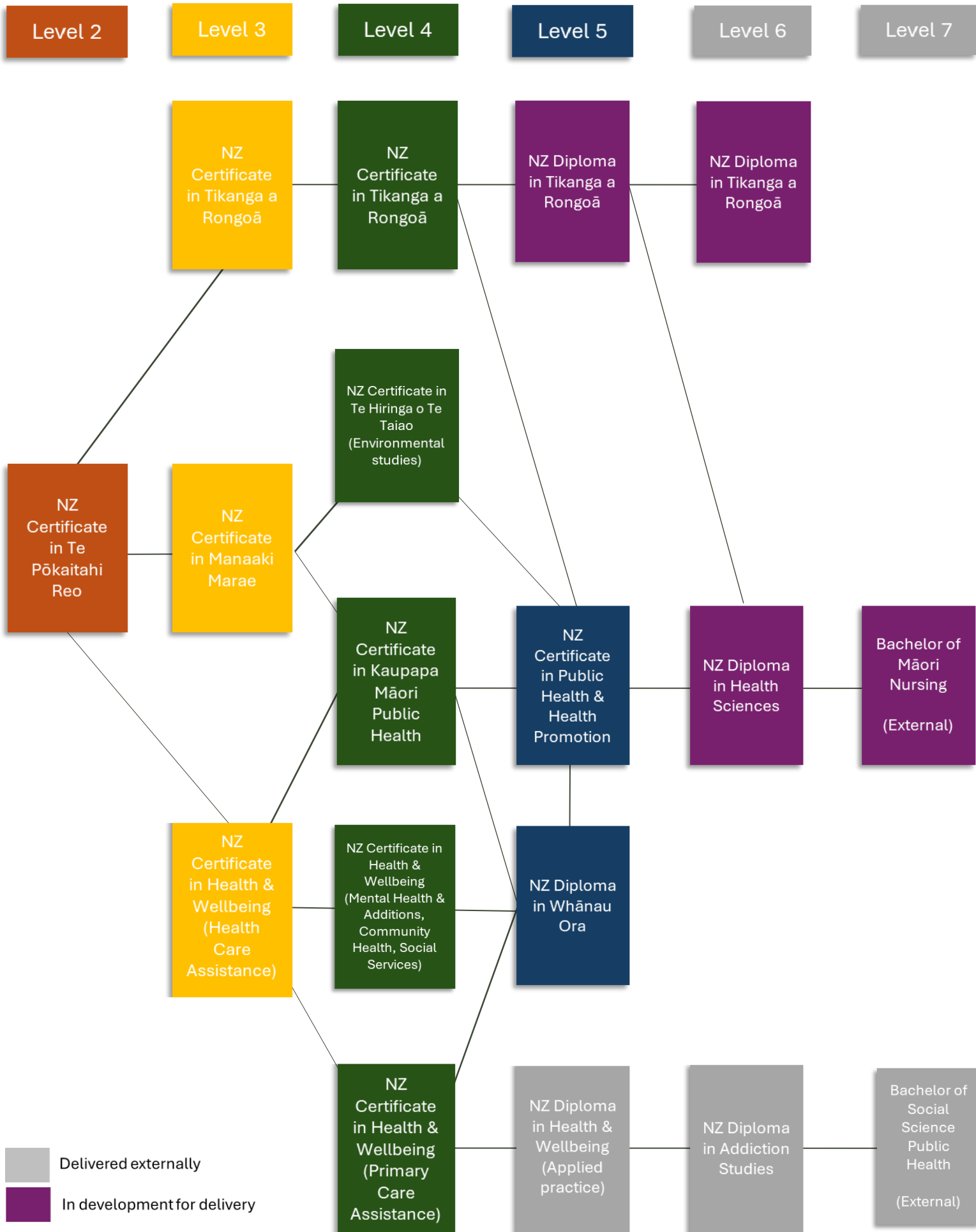


The purpose of this qualification is to provide graduates with in-depth knowledge, skills and experience in mātauranga Māori wellbeing approaches for Whānau Ora contexts.

Graduates of this qualification will be able to independently apply knowledge of Māori philosophies and theories of Māori wellbeing across a range of whānau ora contexts.

**This qualification complies with the eligibility for pay equity under the Governments pay equity settlement scheme.**

# QUALIFICATION PATHWAYS



# PROGRAMME STRUCTURE

Our programmes are specifically designed for people already working in the unregulated health and disability sector or those people wanting to pursue a career in health.

The non-regulated workforce includes health workers who are not 'regulated' or 'registered' health professional and are not subjected to the Health Practitioners Competence Assurance Act 2003 (HPCA Act 2003) and the Social Work Registration Act 2003 (SWR Act 2003). They include:

- Inpatient hospital services (e.g. healthcare assistants and orderlies),
- residential care workers,
- community and home based services,
- workers in the field of mental health

The workforce includes paid and unpaid workers (e.g. whānau carer and volunteers).

Our qualifications comprise 4 or 6 modules of learning and span either 20 or 40 weeks (6 or 12 months). Up-front teaching occurs during weekend wānanga which are held once a month over a weekend. Tutorial support is provided 2 days a week and assessments may be completed during noho wānanga, during tutorial support sessions or through the self-directed learning component of the programmes.



“

**We recognise that many people often have years of experience in the work they do. For this we are able to recognise your prior experience or your current competencies. This means your study hours may be significantly reduced.**

”

# POINTS OF DIFFERENCE

RINGA ATAWHAU MĀTAURANGA IS A TRAINING ESTABLISHMENT FOCUSING ON QUALITY RATHER THAN QUANTITY.



## MARAE BASED

- Whanaungatanga
- Manaakitanga
- Awhinatanga
- Tino rangatiratanga



## PASTORAL CARE

Literacy/numeracy support

- Counselling
- Career planning
- Budgeting
- Te Reo Māori
- Childcare



## INTERACTIVE LEARNING

- Sometimes teacher sometimes learner
- Peer support
- Recognition of prior learning
- Recognition of current competencies
- Hands on real world delivery



## LEARNING ENVIRONMENT

- Māori/Pakeha
- Bi-lingual
- Māori/English
- Engaging in both worlds
- Learning success
- Empowering





# WHAT'S IN IT FOR ME?

- A nationally recognised NZQA qualification transferable across health disciplines
- Improved confidence and competence to create environments that are socially inclusive
- Ability to competently integrate theory into practice
- Potential to staircase into higher levels of health education
- Potential to earn more under the Governments pay equity settlement scheme
- Potential employment opportunities
- Reduction in organisational costs through efficient use of resources
- Happy and healthy work environment



## KEY DOCUMENTS

- The New Zealand Disability Strategy - Making a World of Difference, Whakanui Oranga, MOH 2016-2026
- Whakamaua: Māori Health Action Plan 2020–2025
- Pae Tū: Hauora Māori Strategy 2023
- Taitokerau Regional Workforce Plan, Te Purunga ki Te Raki Regional Skills Leadership Group 2023
- Taitokerau Northland Economic Action Plan 2019
- Taitokerau Northland Growth Study Opportunities Report 2015
- Health workforce plan, Te Whatu Ora 2023
- He Korowai Oranga Māori Health Strategy, MOH 2015
- The health care of people with intellectual disabilities Olive J Webb and Liz Rogers, Health Promotion Team. IHC New Zealand, Inc
- NZS 8134.1:2008 Health and Disability Services (Core) Standards

# OUR TEAM

## KAITOHU (DIRECTORS)



**Cecil Poa**

Ngāpuhi ki Mangakahia

A veteran of the Vietnam War having served 20 years in the New Zealand Armed Forces. Serves as the Kaumatua & Cultural Advisor/Support for staff.



**Louise Shelford**

Ngapuhi ki Ngatihau

An active community worker for many years spending her entire working career caring for kaumatua and kuia in residential rest homes



**Celia Smith**

Ngati Porou ki Ngapuhi

Founding Ringa Atawhai Mātauranga PTE and developer of our programs. Ces has vast knowledge of the health and education systems. Recently retiring as CEO and moving into a directors role

## OUR PEOPLE







0508-EDUCATE  
(09) 430 3307  
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